

HOW TO REGISTER:

PAY ONLINE with a credit card at www.recreation.lafayette.edu/aquatics/, just scroll down to "Buy a Swim Pass" **OR MAIL** payments by sending a check or money order through the mail along with a completed membership form to: Lafayette College Aquatics, 134 Kirby Sports Center, Easton, PA 18042 **OR IN PERSON** cash (exact change) or check payments can be made at the Kirby Sports Center Reception Desk whenever the facility is open. Make checks payable to Lafayette College.
Call 330-5770 to check on our hours.

Participant Name _____ Age: _____

LESSON or CLASS (Check all that apply, and indicate session number or date):

- Group Lessons: Level I Session _____
- Group Lessons: Level II Session _____
- Group Lessons: Level III Session _____
- Group Lessons: Level IV Session _____
- Private Swim Lessons Number: _____
- Lifeguard Review Session _____
- Lifeguard Full Course Session _____

Parent's Name (if participant is under 18): _____

Email Contact: _____ Home Phone #: _____

Address: _____ City: _____ State: _____ Zip: _____

Emergency Contact Name & Phone: _____

PHOTO CONSENT: I give permission for Lafayette College to use a photo of the participant named above, taken during participation in Lafayette's Aquatics Program in future marketing materials.

Participant Signature (parent if under age 18) _____ Date _____

INFORMED CONSENT: It is required for all participants in Lafayette aquatics programs to sign the following statement prior to participation. I hereby certify that the above named participant is in good physical condition to take part in the Lafayette Aquatics Program. I acknowledge that participation in this activity involves risk of injury and even the possibility of death. Knowing these risks of injury, I voluntarily choose to participate; assuming all risks due to participation. If medical attention is required for illness or injury while participation in the Aquatics Program, I give my permission for such care and I certify that the participant is covered by a family medical insurance program. Lafayette College is not responsible for and will not provide payment of any medical, dental, hospital or laboratory fees due to injury while participating in the Aquatics Program.

Signature of Participant (parent signature if participant is under 18) _____ Date _____

Medical Insurance Co. _____ Policy Number _____



**Aquatics School
2019-2020
Schedule**



LIFEGUARD TRAINING

GROUP SWIM LESSONS

More Information:
aquatics@lafayette.edu
610-330-5775
<https://recreation.lafayette.edu/aquatics/>

If you require accommodations to access any programs or services, please contact the Office of Disability Services at 610-330-5080.

LEARN-TO-SWIM PROGRAM

Each lesson is 30-minutes long.

Level I (Water Exploration):

This is for children who are four years and older. The focus will be on water entry, exit, buoyancy and increasing overall comfort in the water.

Session 1 Fall: 12:00-12:30 pm

Session 2 Winter: 5:30-6:00 pm

Session 3 Spring: 12:00-12:30 pm

Session 4 Summer: 5:30-6:00 pm

Session 5 Summer: 5:30-6:00 pm



Level II (Primary Skills):

A continuation of Level I. Focus on basic stroke elements, buoyancy & breath control.

Session 1 Fall: 12:30-1:00 pm

Session 2 Winter: 6:00-6:30 pm

Session 3 Spring: 12:30-1:00 pm

Session 4 Summer: 6:00-6:30 pm

Session 5 Summer: 6:00-6:30 pm



Level III (Stroke Readiness):

Focus on basic stroke development (front crawl, backstroke, and elementary backstroke), treading water, swimming underwater and floating.

Session 1 Fall: 1:00-1:30 pm

Session 2 Winter: 6:30-7:00 pm

Session 3 Spring: 1:00-1:30 pm

Session 4 Summer: 6:30-7:00 pm

Session 5 Summer: 6:30-7:00 pm



Level IV (Stroke Development):

Continuation of Level III. Focus on stroke endurance for all four strokes and refining skills.

Session 1 Fall: 1:30-2:00 pm

Session 2 Winter: 7:00-7:30 pm

Session 3 Spring: 1:30-2:00 pm

Session 4 Summer: 7:00-7:30 pm

Session 5 Summer: 7:00-7:30 pm



GROUP SWIM LESSON SCHEDULE

Fall Session 1 Dates:

Sundays 9/15 to 10/27 (skip 10/13)

Interim Session 2 Dates:

Tuesdays & Thursdays from 1/7 to 1/23

Spring Session 3 Dates:

Sundays from 3/1 to 4/12 (skip 3/15)

Summer Session 4 Dates:

Tuesdays & Thursdays from 6/9 to 6/25

Summer Session 5 Dates:

Tuesdays & Thursdays from 7/7 to 7/23

Group Lesson Cost \$62 per Session:

Six Lessons per session.

Each lesson is 1/2 hour.

If your child has not taken lessons with us in the past, the first lesson of each session may be used as an evaluation to ensure that your child is in the correct level.

PRIVATE LESSONS: Our instructors are WSI certified through the American Red Cross. Lessons are by appointments which align with instructor availability. It is \$80 for three 30-minute lessons and \$125 for five 30-minute lessons

LIFEGUARD COURSES

LIFEGUARD CERTIFICATION

FEE: \$250 (Lafayette student discounts available)

This course will teach the skills and knowledge needed to become a professional lifeguard. Course participants must be at least 15 years old by the date of class. **Participants must attend all three days of the course.**

Session 1-Fall: 11/7 -5PM-9PM, 11/9 & 11/10 - 9AM-6PM

Session 2-Fall: 12/5 -5PM-9PM, 12/7 & 12/8 - 9AM-6PM

Session 3-Spring: 2/6 5PM-9PM, 2/8 & 2/9 - 9AM-6PM

Session 4-Spring: 5/7 5PM-9PM, 5/9 & 5/10 - 9AM-6PM

Session 5-Summer: 6/4 5PM-9PM, 6/6 & 6/7 -9AM-6PM

LIFEGUARD REVIEW

FEE: \$125 (Lafayette student discounts available)

For individuals with a current or recently expired lifeguarding certification. Proof of current certification is required. Candidates must bring their resuscitation mask and Lifeguard Manual or pay \$25 for us to supply these materials.

Session 1-Fall: Sunday: 9/8 11AM-6PM

Session 2-Winer: Sunday: 2/23 11AM-6PM

Withdraws prior to 1st day of a program result in 50% refund or a gift certificate with no expiration date for the full amount paid. After the program begins, participants receive no refund.