

### HOW TO REGISTER:

**PAY ONLINE** with a credit card at [www.recreation.lafayette.edu/aquatics/](http://www.recreation.lafayette.edu/aquatics/), just scroll down to "Buy a Swim Pass" **OR MAIL** payments by sending a check or money order through the mail along with a completed membership form to: Lafayette College Aquatics, 134 Kirby Sports Center, Easton, PA 18042 **OR IN PERSON** cash (exact change) or check payments can be made at the Kirby Sports Center Reception Desk whenever the facility is open. Make checks payable to Lafayette College.  
Call 330-5770 to check on our hours.

Participant Name \_\_\_\_\_ Age: \_\_\_\_\_

#### LESSON or CLASS (Check all that apply, and indicate session number or date):

- Group Lessons: Level I Session \_\_\_\_\_
- Group Lessons: Level II Session \_\_\_\_\_
- Group Lessons: Level III Session \_\_\_\_\_
- Group Lessons: Level IV Session \_\_\_\_\_
- Private Swim Lessons Number: \_\_\_\_\_
- Lifeguard Review - Date: \_\_\_\_\_
- Lifeguard Full Course - Date: \_\_\_\_\_

Parent's Name (if participant is under 18): \_\_\_\_\_

Email Contact: \_\_\_\_\_ Home Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact Name & Phone: \_\_\_\_\_

**PHOTO CONSENT:** I give permission for Lafayette College to use a photo of the participant named above, taken during participation in Lafayette's Aquatics Program in future marketing materials.

Participant Signature (parent if under age 18) \_\_\_\_\_ Date \_\_\_\_\_

**INFORMED CONSENT:** It is required for all participants in Lafayette aquatics programs to sign the following statement prior to participation. I hereby certify that the above named participant is in good physical condition to take part in the Lafayette Aquatics Program. I acknowledge that participation in this activity involves risk of injury and even the possibility of death. Knowing these risks of injury, I voluntarily choose to participate; assuming all risks due to participation. If medical attention is required for illness or injury while participation in the Aquatics Program, I give my permission for such care and I certify that the participant is covered by a family medical insurance program. Lafayette College is not responsible for and will not provide payment of any medical, dental, hospital or laboratory fees due to injury while participating in the Aquatics Program.

Signature of Participant (parent signature if participant is under 18) \_\_\_\_\_ Date \_\_\_\_\_

Medical Insurance Co. \_\_\_\_\_ Policy Number \_\_\_\_\_

# LAFAYETTE RECREATION SERVICES

## Aquatics School Schedule



**LIFEGUARD TRAINING**

**GROUP SWIM LESSONS**

More Information:

[aquatics@lafayette.edu](mailto:aquatics@lafayette.edu)

610-330-5775

<https://recreation.lafayette.edu/aquatics/>

If you require accommodations to access any programs or services, please contact the Office of Disability Services at 610-330-5080.

# LEARN-TO-SWIM PROGRAM

Each lesson is 30-minutes long.

## Level I (Water Exploration):

This is for children who are four years and older. The focus will be on water entry, exit, buoyancy and increasing overall comfort in the water.

**Session 1 Fall:** 12:00-12:30 pm

**Session 2 Winter:** 5:30-6:00 pm

**Session 3 Spring:** 12:00-12:30 pm

**Session 4 Summer:** 5:30-6:00 pm

**Session 5 Summer:** 5:30-6:00 pm



## Level II (Primary Skills):

A continuation of Level I. Focus on basic stroke elements, buoyancy & breath control.

**Session 1 Fall:** 12:30-1:00 pm

**Session 2 Winter:** 6:00-6:30 pm

**Session 3 Spring:** 12:30-1:00 pm

**Session 4 Summer:** 6:00-6:30 pm

**Session 5 Summer:** 6:00-6:30 pm



## Level III (Stroke Readiness):

Focus on basic stroke development (front crawl, backstroke, and elementary backstroke), treading water, swimming underwater and floating.

**Session 1 Fall:** 1:00-1:30 pm

**Session 2 Winter:** 6:30-7:00 pm

**Session 3 Spring:** 1:00-1:30 pm

**Session 4 Summer:** 6:30-7:00 pm

**Session 5 Summer:** 6:30-7:00 pm



## Level IV (Stroke Development):

Continuation of Level III. Focus on stroke endurance for all four strokes and refining skills.

**Session 1 Fall:** 1:30-2:00 pm

**Session 2 Winter:** 7:00-7:30 pm

**Session 3 Spring:** 1:30-2:00 pm

**Session 4 Summer:** 7:00-7:30 pm

**Session 5 Summer:** 7:00-7:30 pm



## GROUP SWIM LESSON SCHEDULE

### Session 1-Fall Dates:

Sundays 9/16 to 10/28 (skip 10/7)

### Session 2-Winter Dates:

Tuesdays & Thursdays from 1/8 to 1/24

### Session 3-Spring Dates:

Sundays from 2/24 to 4/7 (skip 3/17)

### Session 4-Summer Dates:

Tuesdays & Thursdays from 6/11 to 6/27

### Session 5-Summer Dates:

Tuesdays & Thursdays from 7/9 to 7/25

## Group Lesson Cost \$60 per Session:

Six Lessons per session.

Each lesson is 1/2 hour.

*If your child has not taken lessons with us in the past, the first lesson of each session may be used as an evaluation to ensure that your child is in the correct level.*

**PRIVATE LESSONS:** Our instructors are WSI certified through the American Red Cross. Lessons are by appointments which align with instructor availability. It is \$75 for three 30-minute lessons and \$110 for five 30-minute lessons

# LIFEGUARD COURSES

## LIFEGUARD CERTIFICATION

**FEE: \$250** (Lafayette student discounts available)

This course will teach the skills and knowledge needed to become a professional lifeguard. **This course is 22-23 hours long.** Course participants must be at least 15 years old by the date of class. Please bring bathing suit.

## LIFEGUARD REVIEW

**FEE: \$125** (Lafayette student discounts available)

For individuals with a current or recently expired lifeguarding certification. **This course is 5-6 hours long within the timeframe listed.** Proof of current certification is required. Candidates must bring their breathing mask, and Lifeguard Manual or pay \$25 for us to supply these materials.

**Session 1-Fall:** 9/7 from 5-9 PM, 9/8 & 9/9 from 9AM-6PM

**Session 2-Fall:** 11/29 from 5-9 PM, 12/1 & 12/2 from 9AM-6PM

**Session 3-Spring:** 2/7 from 5-9 PM, 2/9 & 2/10 from 9AM-6PM

**Session 4-Spring:** 5/9 from 5-9 PM, 5/11 & 5/12 from 9AM-6PM

**Session 5-Summer:** 6/6 from 5-9 PM, 6/8 & 6/9 from 9AM-6PM

Withdraws prior to 1<sup>st</sup> day of a program result in 50% refund or a gift certificate with no expiration date for the full amount paid. After the program begins, participants receive no refund.