# FALL SESSION

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Yoga Tone</strong></td>
<td><strong>PowerPump +Abs</strong></td>
<td><strong>Body Sculpt</strong></td>
<td><strong>Vinyasa Yoga</strong></td>
<td><strong>Cycle</strong></td>
<td><strong>Body Pump</strong></td>
</tr>
<tr>
<td>7:15—8:05AM</td>
<td>7:15—8:00AM</td>
<td>12:05—12:50PM</td>
<td>7:15—8:00AM</td>
<td>12:15—12:45PM</td>
<td>4:30—5:05PM</td>
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<tr>
<td>Room 136</td>
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</tbody>
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### Classes with low attendance will be dropped from the schedule.

**Reserve your SPOT**

24 hours before class at imleagues.com/Lafayette

(Online waiting list available)

**No Classes—**

9/3; 10/4-10/8 & 11/20-11/25

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**A reservation or Fit Ticket is needed to enter all classes**

**Group Fit Ticket Procedure**

1. “Fit Tickets” are required if you did not reserve a SPOT online for a class.
2. Fit Tickets” are distributed as early as 15 minutes prior to class at reception desk.
3. All reserved SPOTS are released 5 minutes prior to start of class to wait-listed participants, then FIT ticket holders until class is filled.
4. One ticket per person, you cannot hold a place for another person.

*Please remember to cancel your reservation for a class if not attending.*

*Repeated no shows will prevent future online reservations.*